



Eastern Carolina BBQ Throw Down

Anything Butt

RULES & REGULATIONS

October 8 & 9, 2010

Rocky Mount, North Carolina



The **Anything Butt** (Dessert & Non-Dessert) contests are held on Friday night from 7:00pm to 8:00pm. They are optional contest categories in addition to the KCBS sanctioned portion of the Eastern Carolina BBQ Throw Down. Entrants must also be competing in the KCBS sanctioned categories (Chicken, Pork Ribs, Pork & Beef Brisket) to compete in "Anything Butt".

Anything Butt (Non-Dessert) - RULES

Anything Butt (Non-Dessert) is any meat other than the four KCBS categories (Chicken, Pork Ribs, Pork & Beef Brisket) to be judged on Saturday.

- **"Anything Butt" Chicken.** Other poultry such as duck or Cornish hens are acceptable.
- **"Anything Butt" Spare Ribs, Loin Back Ribs.** Country style ribs are acceptable.
- **"Anything Butt" Pork Shoulder, Boston Butts.** Any other part of the pig is acceptable.
- **"Anything Butt" Beef Brisket.** Any other part of the cow is acceptable.

Seafood, turkey, veal, or any meats that are purchased at a grocery store are allowed in the contest. Generally anything goes. This is meant to be a fun and creative category. Tantalize our taste buds!

- Recipe may be marinated or injected, and this may be done before arrival.
- Recipe may be baked, broiled, barbecued, grilled, fried, etc.
- Recipe may include garnish. Make it as pleasing to the eye as you wish.
- Recipe may be served as a casserole, stew, salad, hors d'oeuvre, etc.
- All cooking and preparation will be done on premises with the exception of marinating.
- All cooking to be done on cookers and/or grills normally associated with the barbecue cook-off. Gas grills are allowed for Anything Butt. Microwaves and ovens not allowed.
- The entry must be the work of an individual team. One entry per team.

Anything Butt (Dessert) -RULES

Anything Butt (Dessert) is a dessert contest.

- Desserts must be prepared on site in your team space & not be store bought.
- Use any heat source to prepare dessert.
- The entry must be the work of an individual team. One entry per team.

Anything Butt (Non-Dessert & Dessert) – JUDGING

- Entry can be in Styrofoam 9" x 9" container provided by EC BBQ Throw Down or you may use your own container. You must affix the numbered label to the bottom of your container. No names on your containers allowed. (EC BBQ Throw Down is not responsible for returning your containers or decorations/garnishes, but will have them available for pick up after judging.)
- Entry can be a minimum of 6 pieces preferably more for others to sample. In the dessert category, whole cakes and pies may be submitted uncut.
- Judging will be on Friday night using the "blind judging" technique (modified KCBS format).
- A judging team of 6 judges will judge entries with the lowest score being dropped.
- Judging based on following:
 1. **Appeal & Innovation** – can't wait to taste it.
 2. **Taste** – pleasing overall flavor or contrast of flavors. Any sauce not too hot, sweet or commanding. The taste score will be doubled.
 3. **Tenderness & Texture** – neither undercooked nor overcooked; just right, not too dry or wet.
- All entries will be presumed average, a score of 5, and will be judged above or below from 1 to 9. In the event of a tie, the prize money will be divided equally.